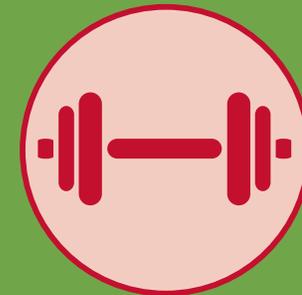
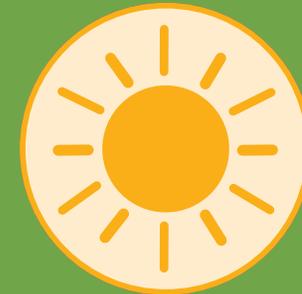
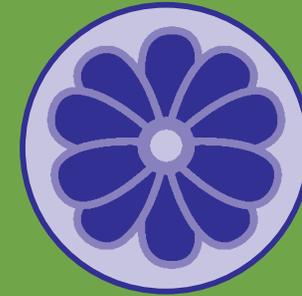


Recreation Therapy Weekly Schedule

Mon	Tues	Wed	Thurs	Fri	Sat (& Most Federal Holidays)
10:00 am-12:00 pm Main Playroom	10:00 am-12:00 pm Creative Workshops	10:00 am-12:00 pm Main Playroom	10:00 am-12:00 pm Creative Workshops	10:00 am-12:00 pm Main Playroom	11:00 am-4:00 pm Patient Library
11:00 am-9:00 pm Patient Library	10:00 am-12:00 pm Main Playroom	10:00 am-11:00 am Patient Fitness Center	10:00 am-12:00 pm Main Playroom	11:00 am Relaxation Room	2:00 pm-3:00 pm Patient Fitness Center
1:00 pm-3:00 pm Main Playroom	11:00 am-9:00 pm Patient Library	11:00 am-9:00 pm Patient Library	11:00 am-9:00 pm Patient Library	11:00 am-6:00 pm Patient Library	
2:00 pm Relaxation Room	1:00 pm Relaxation Room	1:00 pm-3:00 pm Main Playroom	1:00 pm-3:00 pm Main Playroom	1:00 pm-3:00 pm Main Playroom	
4:00 pm-6:00 pm Patient Fitness Center	1:00 pm-3:00 pm Patient Fitness Center	2:00 pm Relaxation Room	1:00 pm-3:00 pm Rec & Leisure Connection		
	1:00 pm-3:00 pm Main Playroom	4:00 pm-6:00 pm Patient Fitness Center	4:00 pm-6:00 pm Patient Fitness Center		
	1:00 pm-3:00 pm Rec & Leisure Connection	6:30 pm Bingo			



Clinical Center
National Institutes
of Health
Bethesda, MD 20892
[http://patientportal.
cc.nih.gov/](http://patientportal.cc.nih.gov/)

Recreation Therapy

Recreation Therapy Activities



Relaxation Room
1st Floor, Room I-1341NE
(301)402-8747

Experience the relaxing benefits of uniquely designed vibro-acoustic recliners by calling ahead for reservations.



Patient Fitness Center
7th Floor, Room 7-3551
(301)451-7602

Exercise on a variety of aerobic equipment and weights; all patients must have a signed Medical Clearance Form. (ages 16+)



Patient Library
7th Floor, Room 7-1580
(301)451-7603

Offering everything from today's newspaper to the latest in fiction, music, DVD's and more.



Recreation Therapy Clinic
1st Floor, Room I-2340NE
(301)451-7599

The Recreation Therapy Clinic houses the following programs:

Bingo

All ages can win fun prizes at this social game.

Recreation & Leisure Connection

Drop by to explore various leisure interests such as arts, crafts, and games in a social environment.

Creative Workshops

Simple craft project instruction is offered to promote and encourage creative expression.

Wellness Program

Learn to lead a healthy lifestyle through relaxation, Wii, family cooking, and other therapeutic games.



Main Playroom
1st Floor, Room I-5673
(301)496-4730

Pediatric patients, patient siblings, and children of adult patients are invited to enjoy games, toys, electronics, and family centered care activities.



Therapy Dogs
1st Floor, Room I-2340NE &
7th Floor Piano Lounge

Recreation Therapy Clinic
1st Floor, Room I-2340
1st and 3rd Tuesday (10:45am-11:45am)

Hatfield Center
7th Floor Piano Lounge
2nd and 4th Monday (7pm-8pm)

Visit with specially trained therapy dogs that provide comfort, distraction, and physical activity.



Community Trips
1st Floor, North CRC Lobby
(301)496-2233

Attend a trip to the movies, shopping, and other various local attractions by calling 3PM on the day of the trip for reservations. Also each patient will need a doctor's pass. ♿



Monthly Themed Event
1st Floor
CRC Open Patio Area

Join us once a month for a varying themed event.

